

# October 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Relieving Neuropathy- YS 1 10:15 Yosemite Documentary- TH 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo w/ Center Well- BL 3:15 Air Dry Clay Project- PD 6:00 Poker- BL  <b>National Hair Day Yosemite National Park Day</b>	9:30 Relieving Neuropathy- YS 2 10:15 Hangman- BL 10:30 Walking Club- LB 1:00 Grabbing for Apples- YS 2:00 Bible Study w/ Donna- CH 2:45 Trivia- BL 3:30 Happy Hour- BL 6:00 Left, Right, Center- BL  <b>Rosh Hashanah, Peanut Day</b>	9:30 Cardio Drumming- YS 3 10:15 Exploding Kittens Game- BL 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo- BL 3:15 Movies & Popcorn- TH 6:00 Poker- BL  <b>Techies Day Shot Heard Around the World Day</b>	9:30 Tai Chi- YS 4 9:30 Men's Social- PD 9:45 Target- Outing 10:30 Walking Club- LB 2:00 Facedown Card Game- BL 3:30 Happy Hour- BL 6:00 Bunco- BL 7:00 Freaky Friday Film: Python- TH  <b>World Smile, Detective Day</b>	10:30 Walking Club- LB 5 12:30 Harvest Parade- Outing 1:00 Choir Club- CH 2:00 Uno- BL 3:00 Cornhole- YS 5:30 Catholic Prayer & Communion- CH 6:00 Poker- BL  <b>Harvest Homecoming Parade</b>
10:00 Silver Bells- CH 6 2:00 Worship w/ Martin- CH 3:00 Gametime- BL 6:00 Bunco- BL 7:00 Sunday Movie: Grid Iron Gang- TH  <b>National Noodle Day</b>	9:30 Stretches- YS 7 10:15 Brain Teasers- BL 10:30 Walking Club- LB 1:00 Mass w/ Father Michael-CH 2:00 Uno- BL 2:45 Frappe's- AK 3:30 Happy Hour- BL 6:00 Euchre- BL  <b>Boost Your Brain, Frappe Day</b>	9:30 Upper Body Ex.- YS 8 10:15 Biggest Fears Discussion- BL 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo- BL 3:00 Resident Council- LB 6:00 Poker- BL  <b>Face Your Fears, Octopus Day</b>	9:30 Lower Body Ex.- YS 9 10:15 Trivia- BL 10:30 Walking Club- LB 2:00 Bible Study w/ Donna- CH 3:30 Happy Hour- BL Activity Director Unavailable After 1:30. Packets & Games Available in Bar Lounge  <b>Sneakers Day</b>	9:30 Full Body Ex.- YS 10 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo- BL Activity Director Unavailable. Packets & Games Available in Bar Lounge  <b>Harvest Homecoming</b>	9:30 Cardio Dancing- YS 11 10:30 Walking Club- LB 3:30 Happy Hour- BL 6:00 Bunco- BL 7:00 Freaky Friday Film: Swamp Thing- TH Activity Director Unavailable. Packets & Games Available in Bar Lounge  <b>Harvest Homecoming</b>	10:30 Walking Club- LB 12 2:00 Gem Painting- BL 3:00 Uno- BL 3:00 Cornhole- YS 5:30 Catholic Prayer & Communion- CH 6:00 Poker- BL  <b>Harvest Homecoming</b>
10:00 Silver Bells- CH 13 2:00 Worship w/ Martin- CH 3:00 Gametime- BL 6:00 Bunco- BL 7:00 Sunday Movie: Troy- TH  <b>Harvest Homecoming</b>	9:30 Stretches- YS 14 10:15 Nail Painting- BL 10:30 Walking Club- LB 1:00 Fall Fest Prep (Please Sign Up at Front Desk)- PD 2:00 Uno- BL 3:30 Happy Hour- BL 6:00 Euchre- BL  <b>Movie Monsters Day</b>	9:30 Medicine Ball Ex.- YS 15 10:15 I Love Lucy Showing- TH 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo w/ Center Well- BL 3:15 Painting Class- PD 6:00 Poker- BL  <b>Anniversary of I Love Lucy</b>	10:30 Walking Club- LB 16 1:00 Book Club- BL 2:00 Bible Study w/ Donna- PD 6:00 Left, Right, Center- BL Activity Director in Building but Unable to Host Activities  <b>Sukkot Begins, Natl. Fossil Day</b>	9:30 Chair Yoga- YS 17 10:15 Rolling Stones Doc.- TH 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo w/ Devoted- BL 3:15 Music w/ Mike- LB 6:00 Poker- BL  <b>The Day the Stones Got Rolling</b>	9:30 HIIT Workout- YS 18 9:30 Women's Social- PD 10:30 Green Tree Mall & Texas Roadhouse- Outing 10:30 Walking Club- LB 2:00 Ghost Hunt- FF 3:30 Happy Hour- BL 6:00 Bunco- BL 7:00 Freaky Friday Film: IT- TH  <b>Alaska Day</b>	10:30 Walking Club- LB 19 1:00 Choir Club- CH 2:00 Uno- BL 3:00 Cornhole- YS 5:30 Catholic Prayer & Communion- CH 6:00 Poker- BL  <b>Sweetest Day</b>
10:00 Silver Bells- CH 20 2:00 Worship w/ Martin- CH 3:00 Gametime- BL 6:00 Bunco- BL 7:00 Sunday Movie: Beetle Juice- TH  <b>"Day-O" Day</b>	9:30 Stretches- YS 21 10:15 Ransom Note Game- BL 10:30 Walking Club- LB 1:00 Nail Painting- BL 2:00 Fall Fest Prep (Please Sign Up at Front Desk)- PD 3:30 Happy Hour- BL 6:00 Euchre- BL  <b>Multi-Cultural Diversity Day</b>	9:30 Muscle Endurance- YS 22 10:15 Paint a Pumpkin (Must Sign Up)- PD 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo- BL 3:15 Crochet Club- TH 6:00 Poker- BL  <b>Nut Day</b>	9:30 Balance Exercise- YS 23 10:15 Donut Dangle Game- YS 10:30 Walking Club- LB 1:00 Weird AI Songs- TH 2:00 Bible Study w/ Donna- PD 2:45 Trivia- BL 3:30 Happy Hour- BL 6:00 Left, Right, Center- BL  <b>"Weird AI" Songs Day</b>	9:30 Cardio Boxing- YS 24 10:15 Candy Scoop- YS 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo- BL 3:15 Cracker Barrel- Outing 6:00 Poker- BL  <b>Simchat Torah, A Composed Day</b>	9:30 Weighted Exercise- YS 25 10:15 Ross Dress for Less- Outing 10:30 Walking Club- LB 2:00 Right Left Story Game- BL 3:30 Happy Hour- BL 6:00 Bunco- BL 7:00 Freaky Friday Film: Young Frankenstein- TH  <b>Frankenstein Friday</b>	10:30 Walking Club- LB 26 1-3 Fall Festival- FF, CY 5:30 Catholic Prayer & Communion- CH 6:00 Poker- BL  <b>Gunfight at the O.K. Corral Day</b>
10:00 Silver Bells- CH 27 2:00 Worship w/ Martin- CH 3:00 Gametime- BL 6:00 Bunco- BL 7:00 Sunday Movie: Jack Ryan Shadow Recruit- TH  <b>Spooky Sunday</b>	10:30 Walking Club- LB 28 2:00 Uno- BL 6:00 Euchre- BL Activity Director Unavailable. Packets & Games Available in Bar Lounge  <b>St. Jude's Day, Anniversary of the Statue of Liberty</b>	9:30 Noodle Exercise- YS 29 10:15 Facedown Card Game- BL 10:30 Walking Club- LB 1:00 General Store- LL 2:00 Bingo- BL 3:15 Solve a Murder Mystery- BL 6:00 Poker- BL  <b>Bases Loaded, Natl. Cat Day</b>	9:30 Range of Motion Ex.- YS 30 10:15 Guess the Candy Corn- BL 10:30 Walking Club- LB 1:00 Education Session- BL 2:00 Bible Study w/ Donna- PD 2:45 Trivia- BL 3:30 Happy Hour- BL 6:00 Left, Right, Center- BL  <b>Jack-O-Lantern, Candy Corn Day</b>	9:30 Resistance Band Ex.- YS 31 10:30 Walking Club- LB 2:00 Halloween Party & Costume Contest- BL 6:00 Poker- BL  <b>Halloween</b>		

**Key:**

AK- Activity Kitchen BL- Bar Lounge CY- Courtyard Chapel- CH GR- Gameroom FC- Fitness Center FF- First Floor LB- Library LL- Lower Level PD- Private Dining TH- Theater YS- Yoga Studio